

# Athens Restaurant Lunch Menu

*The Best in Greek-American Cuisine  
Family Dining Since 1980*



**WELCOME TO ATHENS**

## Health Notes

*According to numerous medical studies, Mediterranean people, especially Greek people have lower risk of heart attack and lower cholesterol levels. It is believed this is due to the wide use of pure virgin olive oil in traditional Greek recipes and methods of cooking. Needless to say, we follow the same steps and traditions in our cooking for our valued customer. Thank you for being our friends and making this family Restaurant a success.*

*George and Vasilios*

# Kali Orexi

## Appetizers (Orektika)

### Mezes Platter ~ 11.95 GF\*

Choice cuts of Marinated Beef, Gyro, Feta Cheese, Greek Peppers, Greek Olives, Pita Bread, Tomatoes Tzatziki Sauce

### Stuffed Grape Leaves (Dolmadakia) ~ 9.95

Marinated Ground Beef and Rice, rolled in Grape Leaves and topped with Light Lemon White Sauce

### Hummus ~ 8.95 GF\*

Our traditional Hummus is a zesty blend of garbanzo beans, garlic, olive oil, sesame tahini and savory spices. Served with pita bread wedges.

### Calamari ~ 10.95

Fried tender, young squid lightly battered with imported spices served with tzatziki and tomato sauce.

### Spanakopita ~ 7.95

A Pungently Aromatic Pie made of Feta Cheese and Spinach Sautéed with Onions and Herbs and Baked in Flaky Layers of Phyllo Pastry

### Eggplant Ala Athens ~ 9.95

Eggplant rolled with mozzarella cheese and baked, served with tzatziki and tomato sauce, pita bread, feta, Greek peppers, Greek olives and Roma tomatoes.

## Homemade Soup

### Greek Soup

Egg, Lemon, Chicken, Rice and Broth  
Cup 3.95

Bowl 5.95

### Veg Soup (Fasolada) Traditional vegetable soup GF

Tomato Base Soup with navy beans, vegetables, olive oil  
Cup 3.95 Bowl 5.95

## Salad Entrees

*All Salads Served with Our Own Special Recipe Dressing*

### Grilled Chicken Salad ~ 12.95 GF

Marinated Chicken Strips Served over Mixed Greens, tomatoes, Greek peppers, Cucumbers, Greek Olives Feta

### Greek Salad ~ 8.95 GF

Fresh Mixed Greens, Roma Tomatoes, Greek Peppers, Greek Olives, Cucumbers and Feta Cheese

### Grilled Salmon or Shrimp Salad ~ 14.95 GF

Fresh Grilled Salmon or All Natural Grill Shrimp served over Mixed Greens, Roma Tomatoes, Greek Peppers, Greek Olives, Cucumbers and Feta Cheese.

### Athens Salad ~ 12.95 GF

Fresh Mixed Greens, Roast Beef, Turkey, Ham, Salami, Greek Peppers, Greek Olives, Tomatoes, Mozzarella, Feta

### Gyro Salad ~ 14.95 GF

Gyro Meat over fresh Mixed Greens, Roma Tomatoes, Greek Peppers, Greek Olives, Cucumbers and Feta Cheese

### Gardeners Salad ~ 13.95 GF

Organic Mixed Greens, Tomatoes, Greek Peppers, Cucumbers, Olives and Feta tossed with Our Homemade Vinaigrette Dressing.

### House Salad ~ 5.25 GF

Fresh mixed greens, Roma tomatoes, red onions, cucumbers, Greek olives, and feta cheese.

## Classic Greek Platters

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### Gyro Pita Platter ~ 15.95 GF\*

A Grecian Delight of Gyro Meat with Athens Exquisite Tzatziki Sauce, Onions, and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes.

### Souvlakia Pita Platter ~ 15.95 GF\*

Choice cuts of Marinated Beef with Athens Exquisite Tzatziki Sauce, Onions and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes.

### Chicken Pita Platter ~ 15.95 GF\*

Grilled Chicken Tenders with Athens Exquisite Tzatziki Sauce, Onions and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes .

### Eggplant Pita Platter ~ 14.95 GF\*

Grilled Eggplant with Athens exquisite tzatziki sauce, onions and Roma tomatoes. Served open faced on grilled pita bread with hand cut Greek potatoes.

## Greek Sandwiches

*Just the Sandwich*

### Gyro Pita ~ 9.95

A Grecian Delight of Gyro Meat with Tzatziki Sauce, Onions, Tomatoes.

### Souvlakia Pita ~ 9.95

Choice Marinated Beef with Athens Tzatziki Sauce, Onions, Tomatoes.

### Chicken Pita ~ 9.95

Grilled Chicken Tenders with Athens Tzatziki Sauce, Onions, Tomatoes.

## Our Famous Greek Pizza

*Our Pizzas are Baked Fresh Daily from an Old World Recipe using the finest Imported Spices and Mozzarella Cheeses*

**Athens Vegetarian....Small 16.95.....Large 19.95**  
Eggplant - Mushrooms - Bell Peppers - Feta Cheese -Tomatoes  
Mozzarella Cheese

**Athens Special.....Small 17.95.....Large 21.95**  
Pepperoni - Sausage - Mushrooms - Onions - Bell Peppers  
Mozzarella Cheese

**Athens All Meat.....Small 17.95.....Large 21.95**  
Pepperoni - Sausage - Meatball - Gyro- Canadian Bacon  
Mozzarella Cheese

Pizzas	Sm 10"	Lg 16"
Cheese .....	12.00	16.00

Regular Toppings 1.00 (Create your Own)		
Pepperoni	Sausage	Mushrooms
Onions	Olives	Tomato
Bell Pepper	C. Bacon	Meatball
Ex. Cheese	Gyro	Chicken
Feta	Anchovies	Eggplant

GF: indicates items that are gluten free GF\*: indicates items that are gluten free minus pita/orzo/rice

## Classic Greek Entrees

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### **Spanakopita (Spinach Pie) ~ 15.95**

A pungently aromatic pie made of feta cheese and spinach, onions, and herbs, baked in flaky leaves of Phyllo Pastry

### **Pasticcio ~ 15.95**

Layers of Pasta and Marinated Choice Ground Beef topped with a Béchamel Cream Sauce and Baked Golden Brown

### **Moussaka ~ 16.95**

A Traditional Greek dish with layers of Eggplant, Potatoes, Marinated Ground Beef topped with a Béchamel Cream Sauce and Baked Golden Brown

## Beef, Chicken, and Lamb

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### **Greek Chicken ~ 16.95** GF\*

A Half **Natural free range** Chicken Marinated in Spices, pure olive oil and lemon. Served with Oven Roasted Potatoes

### **Leg of Lamb ~ 16.95** GF

**Natural free range** Lamb, oven roasted in Greek seasonings, a touch of mustard and its own natural juices sliced. Served with our oven-roasted potatoes.

### **Hamburger Steak (Befteki) ~ 14.95** GF

Finely Chopped **USDA Prime Choice Beef** blended with onions, parsley and Imported Spices. Topped with Grilled Onions and Mushrooms. Served with oven roasted Potatoes.

### **Chicken Kabob ~ 15.95** GF

Skewered **Natural** Chicken Breast Marinated in Olive Oil, Lemon and Imported Greek Spices with Peppers, Onions, Roma Tomatoes. Served with oven roasted Potatoes.

## Pasta Entrees

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### **Spaghetti with Meat or Tomato Sauce ~ 11.95**

Made with our finely chopped **USDA Prime Choice** ground beef, blended with onions, garlic, and our famous tomato sauce made from all **Natural** tomatoes and fresh herbs with our Signature Greek Spices.

### **Spaghetti with Meatballs ~ 13.95**

Made with chopped **USDA Prime Choice** ground beef, blended with onions, garlic, and fresh Greek Spices, mixed in our famous tomato sauce with all **Natural** tomatoes.

### **Chicken Fettuccini ~ 14.95**

Sautéed Chicken Served over Fettuccini With Our Homemade cream sauce from a blend of Pecorino and Parmesan cheese.

### **Athens Shrimp Fettuccini ~ 16.95**

Shrimp Tossed in Our Spicy Tomato Sauce. Topped with Feta Cheese. Served with Fettuccini.

## Parmigiana Entrees

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### **Lasagna ~ 14.95**

Layers of Pasta, Minced ground Meat Sauce, Mozzarella, Ricotta and Parmesan Cheese.

### **Vegetable Lasagna ~ 14.95**

Layers of Pasta, Zucchini, Carrots, Mushrooms, Broccoli, Tomato Sauce, Mozzarella, Ricotta and Parmesan Cheese

### **Eggplant Parmigiana ~ 14.95**

Fresh Layers of Eggplant Marinated in Greek Spices with Tomato Sauce and a Blend of Cheeses

### **Veal Parmigiana ~ 14.95**

Tender Breaded Veal Cutlets Baked in Our Homemade Meat Sauce and Cheeses. Served with Spaghetti

## Seafood

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

### **Fresh Fried Flounder ~ 14.95**

A Flounder Filet Dipped in our Spiced Flour and Fried. Served with French fries and Coleslaw

### **Fried Shrimp ~ 15.95**

Fried shrimp dipped in our Spiced Flour and Fried. Served with French fries and Coleslaw.

### **Grilled Norwegian Salmon ~ 15.95** GF\*

Norwegian Salmon Marinated in Pure Olive Oil, Fresh Lemon and Imported Spices. Grilled to Perfection and Served with Vegetables.

GF: indicates items that are gluten free GF\*: indicates items that are gluten free minus pita/orzo/rice



***Athens Restaurant  
Est. 1980***

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***[www.athensofcharleston.com](http://www.athensofcharleston.com)***