

# Athens Restaurant Lunch Menu

*Lunch served daily from 11:00am-3:30 pm*



*WELCOME TO ATHENS*

## Health Notes

*According to numerous medical studies, Mediterranean people, especially Greek people have lower risk of heart attack and lower cholesterol levels. It is believed this is due to the wide use of pure virgin olive oil in traditional Greek recipes and methods of cooking. Needless to say, we follow the same steps and traditions in our cooking for our valued customer. Thank you for being our friends and making this family Restaurant a success.*

*George and Vasilios*

## Kali Orexi

## Appetizers (Orektika)

**Mezes Platter:** Choice cuts of Marinated Beef, Gyro, Feta Cheese, Greek Peppers, Greek Olives, Pita Bread, Roma Tomatoes and Tzatziki Sauce 13.50

**Home Made Stuffed Grape Leaves:** (*Dolmadakia*): Marinated Ground Beef and Rice, rolled in Grape Leaves and topped with a Delectable, Light Lemon White Sauce 7.95

**Spanakopita:** A Pungently Aromatic Pie made of Feta Cheese and Spinach Sautéed with Onions and Herbs and Baked in Flaky Leaves of Phyllo Pastry 7.50

**Crab Cakes:** Grecian style crab cakes made with crab lump meat, our signature Greek spices, and fresh ingredients. 10.95

**Calamari:** Fried Tender, Young Squid lightly Battered with Imported Spices. Served with Tzatziki and Tomato Sauce 10.95

**Hummus:** Our traditional Hummus is a zesty blend of garbanzo beans, garlic, olive oil, sesame tahini and savory spices. Served with pita bread wedges. 7.65

## Homemade Soup and Salads

All Salads Served with Our Own Special Recipe Dressing

**Greek Soup:** Egg, Lemon, Chicken, Rice and Broth Cup 3.95

**Grilled Norwegian Salmon Salad:** Salmon Grilled with Greek Spices. over Fresh Mixed Greens, Roma Tomatoes, Greek Peppers, Cucumbers, Greek Olives and Feta Cheese tossed with Our Homemade Greek Dressing 13.95

**Greek Salad:** Fresh Mixed Greens, Roma Tomatoes, Greek Peppers, Greek Olives, Cucumbers and Feta Cheese 8.95  
Add Shrimp 6.00

**Side House Salad:** Fresh Mixed Greens, Roma Tomato, Greek Pepper, Greek Olives and Feta Cheese 4.95

**Veg Soup (Fasolada):** Traditional vegetable soup Hearty Tomato Base Soup with Navy Beans, Vegetables and Olive Oil Cup 3.95

**Grilled Chicken Salad:** Marinated Chicken Strips Served over Fresh Mixed Greens, Roma Tomatoes, Greek Peppers, Cucumbers, Greek Olives and Feta Cheese 11.95

**Gyro Salad:** Gyro Meat or Beef tips over a Bed of Mixed Greens, Roma Tomatoes, Greek peppers, Greek olives, Feta Cheese and Cucumbers 11.95

**Athens Salad:** Fresh Mixed Greens, Roast Beef, Turkey, Ham, Salami, Greek Peppers, Greek Olives, Roma Tomatoes, Mozzarella and Feta Cheese 11.95

## Classic Greek Sandwiches

Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad

**Gyro Platter:** A Grecian Delight of Gyro Meat with Athens Exquisite Tzatziki Sauce, Onions, and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes 13.75

Just the Gyro sandwich rolled 8.95

**Souvlakia Platter:** Choice cuts of Marinated Beef with Athens Exquisite Tzatziki Sauce, Onions and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes 13.75

Just the Souvlakia sandwich rolled 8.95

**Chicken Pita Platter:** Grilled Chicken Tenders with Athens Exquisite Tzatziki Sauce, Onions and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes 13.75

Just the Chicken Pita sandwich rolled 8.95

**Vegetable Pita Platter:** Grilled eggplant with Athens Exquisite Tzatziki Sauce, Onions and Roma Tomatoes. Served open faced on Grilled Pita Bread with Hand Cut Greek Potatoes 13.75

Just the Vegetable Pita sandwich rolled 8.95

**Greek Style Hamburger:** USDA Choice Ground Beef, seasoned with Greek spices served on a Ciabatta Panini Bun, and French fries 10.95

## Grinders (Subs) on Hoagie Rolls

Served with Our Famous Greek Potatoes.

Your choice for 9.95

Add an Extra Ingredient to Any Grinder for a 1.00

**Roast Beef, or Ham, or Turkey:** served with Mozzarella Cheese, Shredded Lettuce, Tomato, and Dressing

**Grilled Chicken :** served with Mozzarella Cheese, Shredded Lettuce, Tomato, and Dressing

**Gyro :** served with Mozzarella Cheese, Shredded Lettuce, Tomato, and Tzatziki Sauce

**Eggplant Parmigiana:** served with Mozzarella Cheese and Veg Sauce

**Veal Parmigiana:** served with Mozzarella Cheese and Veg Sauce

**Meatball or Sausage:** served with Mozzarella Cheese and Meat Sauce

OUR PRODUCTS ARE FREE FROM HORMONES AND PESTICIDES.  
\*\*\* GF STANDS FOR GLUTEN FREE

## Vegetarian/Healthy Choices

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

**Eggplant Ala Athens:** Eggplant rolled with mozzarella cheese and baked, served with tzatziki and tomato sauce, pita bread, feta, Greek peppers, Greek olives and Roma tomatoes 12.95

**Vegetable Moussaka:** A traditional Greek dish with layers of eggplant, potatoes, zucchini, carrots and spinach all topped with a Béchamel cream. 14.95

**Vegetable Lasagna:** Layers of Pasta, Zucchini, Carrots, Mushrooms, Broccoli, Tomato Sauce, Mozzarella, Ricotta and Parmesan Cheese 12.95

**Spinach Ravioli:** Spinach Pasta filled with Cheese and Spinach. Topped with your choice of Tomato or White Cream Sauce 12.95

## Pasta and Parmigiana Entrees

**Lasagna:** Layers of Pasta, Minced ground Meat Sauce, Mozzarella, Ricotta and Parmesan Cheese. 12.95

**Spaghetti :** Topped with Our Homemade Tomato or Meat sauce 9.50  
Add Meat Balls or Sausage for 2.50

**Chicken Pasta:** Sautéed Chicken Served over Fettuccini With Our Homemade White Cream Sauce 9.95

**Veal Parmigiana:** Tender Breaded Veal Cutlets Baked in Our Homemade Meat Sauce and Cheeses. Served with Spaghetti 12.95

**Eggplant Parmigiana:** Fresh Layers of Eggplant Marinated in Greek Spices with Tomato Sauce and a Blend of Cheeses 12.95

**Vegetable Pasta:** Mixed Vegetables tossed with Spaghetti, Olive Oil, Garlic and Butter Sauce 11.95

## Seafood

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

<sup>GF</sup>  
**Fresh Fried or Broiled Flounder:** A Flounder Filet Dipped in our Spiced Flour and Fried or broiled. Served with Greek Potatoes and Coleslaw 12.95

**Mediterranean Seafood Pasta:** Shrimp and Scallops Tossed in Our Spicy Tomato Sauce. Topped with Feta Cheese. Served over Your Choice of Spaghetti or Fettuccini 15.95

<sup>GF</sup>  
**Grilled Norwegian Salmon:** Norwegian Salmon Marinated in Pure Olive Oil, Fresh Lemon and Imported Spices. Grilled to Perfection and Served with Rice and Vegetables 14.95

**Shrimp Pasta:** Sautéed Shrimp Served over Fettuccini With Our Homemade White Cream Sauce 14.95

## Beef, Chicken, and Lamb

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

<sup>GF</sup>  
**Hamburger Steak (Befteki):** Finely Chopped USDA Choice Beef blended with Onions, Parsley and Imported Spices. Topped with Grilled Onions and Mushrooms. Served with oven roasted Potatoes 12.95

<sup>GF</sup>  
**Leg of Lamb:** Oven roasted in Greek Seasonings, a Delicate Touch of Mustard and its own Natural Juices. Sliced and Served with Our Oven Roasted Potatoes. 14.95

<sup>GF</sup>  
**Greek Chicken:** A Half Natural free range Chicken Marinated in Spices, Pure Olive Oil and Lemon. Served with Oven Roasted Potatoes 14.95

<sup>GF</sup>  
**Chicken Kabob:** Skewered Natural Chicken Breast Marinated in Olive Oil, Lemon and Imported Greek Spices. Accompanied by Peppers, Onions, Roma Tomatoes. Served with oven roasted Potatoes. 14.95

## Classic Greek Entrees

*Served with Our Homemade Whole Wheat Bread and a Small Greek House Salad*

**Spanakopita (Spinach Pie):** A Pungently Aromatic Pie made of Feta Cheese and Spinach, Sautéed Onions, and Herbs, Baked in Flaky Leaves of Phyllo Pastry 15.95

**Moussaka:** A Traditional Greek dish with layers of Eggplant, Potatoes, Marinated Ground Beef all topped with a Béchamel Cream 15.95

**Pasticcio:** Layers of Pasta and Marinated Choice Ground Beef topped with a Béchamel Cream Sauce and Baked Golden Brown 15.95

## Our Famous Greek Whole Wheat Pizza

*Our Pizzas are Baked Fresh Daily from an Old World Recipe using the Finest Imported Spices and Mozzarella Cheeses available.*

Pizzas	Small 10"	Large 16"
<b>Cheese</b>	10.00	14.50
<b>Create your own</b>		
<b>Regular Toppings:</b> Pepperoni, Sausage, mushrooms, Onions, Black olives, Roma tomatoes, Bell Pepper	1.00	1.50
<b>Gourmet Toppings:</b> Canadian Bacon, Homemade Meatball, Gyro, Chicken, Feta, Anchovies, Eggplant	1.50	2.00
<b>Greek Vegetarian:</b> Eggplant, Mushrooms, Bell Peppers, Onions, Roma Tomatoes and Feta Cheese	16.95	21.95
<b>Athens Special:</b> Pepperoni, Sausage, Mushrooms, Bell Peppers and Onions	16.95	21.95
<b>Athens All Meat:</b> Pepperoni, Sausage, Canadian Bacon, Meatball and Gyro	17.95	23.95

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